



ALGO-INTENSE  



**ALGOTHERM**  
cosmétique marine

PROFESSIONNEL

## ALGO-INTENSE CARE

BALANCING - MOISTURIZING\* - ANTI-AGING -  
SOOTHING - NOURISHING - PERFECT COMPLEXION

Duration: 55 mn

## STEP 1

## CLEANSING

Duration: 5 mn

- 5 ml of Gentle Cleansing Milk or Cleansing Marine Gel or Foaming Cleansing Clarifying Gel
- 2 ml of Comfort Micellar Water or Cleansing Clarifying Lotion
- 2 ml of Eye Make-up Remover Lotion



## 1 Eyes and lips cleansing

Remove make-up from the eyes with the Eye Make-up Remover Lotion and from the lips with the Gentle Cleansing Milk.



## 2 Gentle Cleansing Milk or Cleansing Marine Gel or Foaming Cleansing Clarifying Gel

Apply the specific product to the face, neck and décolleté, and emulsify using circular movements. Remove with paper tissue or warm towel.  
**Foaming Cleansing Clarifying Gel:** Shake the flask of the Foaming Cleansing Clarifying Gel then apply the product on damp skin. Emulsify by circular movements taking the skin then **leave the product around 2 minutes**. Rinse the product using a warm towel.



## 3 Comfort Micellar Water or Cleansing Clarifying Lotion

Apply cotton squares soaked in the adapted lotion to the face and neck. Dab off with a paper tissue.

## STEP 2

## EXFOLIATION

Duration: 10 mn

- 5 ml of Radiance Exfoliating Gel or Refreshing Grain Exfoliant or Purifying Facial Peeling or Microdermabrasion Clarifying Cream
- 2 ml of Comfort Micellar Water or Cleansing Clarifying Lotion

DELIGHT OPTION



## Radiance Exfoliating Gel or Refreshing Grain Exfoliant or Purifying Facial Peeling or Microdermabrasion Clarifying Cream

**Radiance Exfoliating Gel:** apply in medium coat, leave for 2 to 3 minutes then apply some circular movements until the gel transforms in oil.

**Refreshing Grain Exfoliant:** wet the skin then exfoliate in circular movements.

**Purifying Facial Peeling:** apply in medium coat, leave for few minutes then emulsify with water.

**Microdermabrasion Clarifying Cream:** On thoroughly wet skin, apply the Microdermabrasion Clarifying Cream. Work with the product on 1 side of the face, keeping thoroughly the skin. Apply circular or linear movements. When the cream starts to penetrate, re-

apply water to avoid rednesses. Work the product around 1.30 min on each side of the face.

Remove the scrub using a warm towel, then perform using cotton pads soaked in adapted lotion.

Fill the boiler of Lucas Championnière with distilled water and switch it on.

## STEP 3

## MARINE BREEZE

Duration: 5 mn

- Distilled water
- 20 ml of Comfort Micellar Water or Cleansing Clarifying Cream



## Comfort Micellar Water or Cleansing Clarifying Cream

Atomize the adapted lotion with Lucas Championnière on face and neck taking care to cover the eyes. Dab with a paper tissue.

# FACE AND NECK MASSAGE

**Duration:** 10 mn

- 3 ml of Massage Gel
- 1 ml of serum or concentrate adapted to skin type



Mix the gel and the serum or the concentrate and apply a massage on face and décolleté. Remove the excess with a tissue or the adapted lotion.

## DELIGHT OPTION



### ALGODERM

Sonophoresis  
( Defibrosing  
Dermic Stimulation )  
Drainage

# PEEL-OFF MASK

**Duration:** 15 mn

- 1 ml of the specific Serum or Concentrate adapted to skin type (Acni-Serum, Initial Moisturizing\* Serum, Hydra\*-Wrinkle Concentrate, Optimal Tolerance Serum, Smoothing Clarifying Serum)
- 30 g of Oxygenating Peel-Off Mask (1 dose)
- 100 ml of water at room temperature
- 2 ml of Confort Micellar Water or Cleansing Clarifying Lotion (5 ml of Sublime Hand Care cream)



## 1 Serum or Concentrate

Apply the adapted Serum or Concentrate according to the skin type on face, neck and décolleté tapping lightly until completely absorbed.



## 2 Oxygenating Peel-Off Mask

Prepare the mask by adding the distilled water and mix to obtain a smooth texture. Apply the supple mask rapidly with a small spatula starting at the neck, leaving the edges thicker to ease removal.

In case of pigmentation spots, apply beforehand the Dark Spot Intensive Corrector locally, and make it penetrate.

Leave for: around 15 minutes



## 3 Sublime Hand Care cream

Apply beforehand the Dark Spot Intensive Corrector on hands dark spots if necessary.



**4** After 15 minutes, lift up the edges of the supple mask then pull it off in one piece. Remove the remaining traces of mask with a hot towel and cotton squares soaked in adapted lotion. Dab with a paper tissue.



**NOTICE:** It is possible to use the Marine Detoxifying Peel Off Mask on the face in case of oily or very oily skins.

## DELIGHT OPTION



EYES & LIPS  
CONTOUR

## STEP 6

# EMBELLISHMENT

**Duration:** 3 mn

- 0,25 ml of Eye Lift Serum and/or 1 ml of Eye Moisturizing Cream Gel

- 1 ml of adapted Concentrate or Serum
- 2 ml of adapted Cream



## 1 Eye Lift Serum and/or Eye Moisturizing Cream Gel

Apply the specific product and make it penetrate by smoothing movements.



## 2 Adapted Serum or Concentrate

Apply the specific product and make it penetrate by tapings.



## 3 Adapted Cream

Apply the adapted Cream and make it penetrate by effleurage. Embellish the décolleté with the Divine Cream or the Beauty Mist with caviar and finish by a flash make-up.

## ALGO-INTENSE CARE

## SUMMARY

STEP 1 - Cleansing

STEP 2 - Exfoliation

STEP 3 - Marine Breeze

STEP 4 - Face and neck massage

STEP 5 - Oxygenating Peel-off Mask

STEP 6 - Embellishment